



*Restaurant & Coffee Shop*

*Local. Sustainable. Quality.  
It's just the right thing to do.*

**Welcome to Young's, where we've been committed to great food, great service, a warm and friendly atmosphere, and the local community since 1916.** We're also deeply committed to sustainability - preserving and enhancing our local community, economy, and the environment for the present and the future.

We've taken many steps to reduce our environmental impact and enhance the local community and economy, all while giving you an even better dining experience.



**Great Local Food:** Buying local enhances your dining experience with high-quality, extremely fresh local food, enhances the local economy by keeping funds circulating locally, and also helps reduce the environmental impact of transporting goods over long distances.

- Roughly 40% (and growing) of our food products are purchased locally.

*See the other side of this sign for more on our fantastic local food partners!*



**Environmental Responsibility:** Our environmental actions help reduce greenhouse gas emissions, waste, and the need for non-renewable fossil-fuel resources, contributing to a better environment now and for the future. **We have been certified as an Environmental Champion by the NH Sustainable Lodging & Restaurant Program.**

*See our menu insert for more on our environmental actions.*

***for more information, visit us at [youngsrestaurant.com](http://youngsrestaurant.com)***

***find us on facebook - [YoungsRestaurantNH](https://www.facebook.com/YoungsRestaurantNH)***

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**At Young's, finding and working with great local food providers is a firm commitment.** Local food is fresher, often healthier and more nutritious, and connects us to our local community. Local food also reduces the negative environmental impacts of large-scale industrial agriculture and of transporting goods long distances. Finally, buying local supports our local farms and food providers, keeps dollars circulating locally, and enhances the economy, character, and quality of life of our local community. Here are a few of the great local food providers we are working with currently:



**Eggs:** Dorothy Egg Farms (Winthrop, ME)

**Coffee:** New Hampshire Coffee (Dover, NH)

**Bread/Baked Goods:** Piantadossi Baking Company (Malden, MA); Jessica's Brick Oven (Woburn, MA)



**Dairy Products:** Stonyfield Farm (Londonderry, NH); HP Hood (Portland, ME), Pineland Farms Dairy (New Gloucester, ME); Shain's of Maine (Sanford, ME)

**Meat:** North Country Meats (Claremont, NH)

**Vegetables/Herbs:** Stout Oak Farm (Epping, NH); owner Ken Young's personal herb garden



**Granola:** Grandy Oats (Brownfield, ME)

**Fruit:** DeMeritt Hill Farm (Lee, NH); Wyman's Blueberries (Millbridge, ME)

**Maple Syrup:** Spring Harvest Maple Farm (Barrington, NH)



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